

Casey Masen MSN, PMHNP-BC

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Board-certified Psychiatric Mental Health Nurse Practitioner with comprehensive clinical training across outpatient, inpatient, and telehealth settings. Proficient in psychiatric evaluation, psychopharmacology, and evidence-based treatment, including advanced modalities such as Transcranial Magnetic Stimulation (TMS) and esketamine therapies. Skilled in managing complex psychiatric conditions, including Severely Mentally Ill (SMI) and court-ordered treatment. Collaborative and patient-centered, with a strong foundation in trauma-informed care and interdisciplinary coordination.

EDUCATION

Clarkson College, Omaha, NE

2025 Master of Science in Nursing – Psychiatric Mental Health Nurse Practitioner

2015 Bachelor of Science in Nursing

CERTIFICATIONS & SPECIALIZED TRAINING

PMHNP Bootcamp, Klear Care 2025 – Present

Comprehensive postgraduate training aimed at enhancing clinical confidence and professional skills through structured guidance, interactive tasks, and practical exercises. The program emphasizes holistic and integrative approaches to psychiatric care, preparing PMHNP graduates for effective, evidence-based practice and smooth professional transition.

MSUD: Medications for Substance Use Disorders – Training for Nurses, PCSS & APNA 2025

Completed comprehensive education focused on pharmacologic treatment approaches for substance use disorders; emphasized evidence-based medication protocols, patient education, and clinical application in nursing practice.

CLINICAL ROTATIONS

Balanced Mental Health of Arizona, Phoenix, AZ

Outpatient Private Psychiatry | Jan 2025 – April 2025

Delivered care for children (5+) to adults with mood, anxiety, and substance use disorders. Collaborated with TMS specialists and oversaw esketamine therapy. Gained experience in integrative treatment planning and medication management in a private practice setting.

Southwest Behavioral Health Crisis Recovery Unit, Phoenix, AZ

Inpatient Crisis Psychiatry | February 2025 – March 2025

Managed acute psychiatric conditions in an inpatient crisis setting, addressing complex clinical scenarios involving severe mental illness, acute psychosis, mood disorders, suicidal ideation, and dual diagnoses. Deepened expertise in rapid assessment, crisis intervention, medication stabilization, interdisciplinary collaboration, and safety management. Applied advanced skills in navigating high-risk psychiatric emergencies and creating individualized treatment plans aimed at stabilization and comprehensive patient care.

Klear Care, Cave Creek, AZ**Outpatient Concierge Psychiatry (Telehealth) | August 2024 – December 2024**

Delivered personalized psychiatric telehealth services within a concierge-focused private practice for adults and adolescents. Enhanced patient communication skills, cultivated strong therapeutic relationships, and practiced collaborative treatment planning tailored to individual patient needs. Performed flexibility and adaptability in managing care plans, prioritizing patient preferences, and providing responsive, patient-centered care.

2nd Chance Mood Treatment Center, Litchfield Park, AZ**Outpatient Community Psychiatry | May 2024 – August 2024**

Provided psychiatric care to diverse patient populations, seeing 10-20 patients daily, addressing mood disorders, substance use disorders, and complex psychiatric presentations. Delivered Transcranial Magnetic Stimulation (TMS) treatments and educated patients on protocol and expectations. Expanded skills in comprehensive treatment planning, integrated patient care, and evidence-based therapeutic approaches.

COPA Health SMI Clinic, Peoria, AZ**Severely Mentally Ill Community Psychiatry | January 2024 – May 2024**

Delivered psychiatric care to 10-15 individuals daily with chronic and severe mental illness, including schizophrenia, bipolar disorder, and co-occurring substance use disorders. Managed complex cases involving legal mandates such as court-ordered treatment and Assisted Outpatient Treatment (AOT). Collaborated closely with an interdisciplinary team of case managers, social workers, peer support specialists, and medical providers to coordinate care across multiple systems. Practiced advanced clinical judgment in long-term psychiatric management, risk assessment, and navigating social determinants of health impacting mental wellness.

Jewish Family & Children Services, Gilbert, AZ**Outpatient Adult Psychiatry | August 2023 – December 2023**

Provided in-person psychiatric care in a community mental health setting serving a diverse population with a wide range of diagnoses, including depression, anxiety, PTSD, and mood disorders. Conducted psychiatric evaluations, developed individualized treatment plans, and managed psychotropic medications under preceptor supervision. Strengthened clinical decision-making, cultural sensitivity, and therapeutic communication skills while collaborating with therapists and case managers to provide coordinated, trauma-informed care. Acquired valuable experience in supporting underserved and vulnerable populations within a multidisciplinary team model.

PROFESSIONAL EXPERIENCE

Community Bridges Inc. via NURSIO, Phoenix, AZ**Registered Nurse, Inpatient & Crisis Psychiatry | December 2023 – Present**

Provided acute psychiatric care to 10-20 adults in a high-acuity inpatient and crisis stabilization setting experiencing psychiatric emergencies, severe mental illness, and substance-induced crises. Delivered trauma-informed nursing interventions including de-escalation, crisis triage, medication administration, withdrawal management, and safety planning. Conducted 15+ mental status exams per shift and collaborated with psychiatrists, PMHNPs, and behavioral health teams to support rapid stabilization and continuity of care. Strengthened experience managing patients under involuntary holds and court-ordered treatment. Strengthened strong clinical judgment in assessing suicide risk, psychosis, and co-occurring disorders in a fast-paced, safety-sensitive environment.

Southwest Behavioral & Health Services, Phoenix, AZ

Registered Nurse, General Mental Health & Medication-Assisted Treatment (MAT) | June 2024 – May 2025

Delivered nursing care to individuals with substance use disorders in a community-based MAT clinic. Proposed and led a complete redesign of clinic workflows for MAT dispensing and patient engagement, significantly improving efficiency and adherence. Facilitated recovery-focused group sessions and collaborated with therapists and providers to co-manage care using evidence based protocols (e.g., methadone, buprenorphine). Contributed to a multidisciplinary model supporting patient empowerment and sustained recovery.

Dignity Health Chandler Regional Medical Center, Chandler, AZ

Registered Nurse, Medical ICU | April 2021 – October 2023

Dignity Health at Home/Home Recovery Care via Ventura Med Staff, Chandler, AZ

Registered Nurse, Temp Position | September 2020 – March 2021

Nebraska Methodist Health System, Omaha, NE

Registered Nurse, ICU | November 2017 – August 2020

Registered Nurse, Geriatric Medical Unit | November 2016 – November 2017

Certified Nurse Aide & Secretary | November 2012 – December 2015

Nebraska Medicine, Omaha, NE

Registered Nurse, Cardiac Progressive Care | February 2016 – February 2017

LEADERSHIP ROLES & RECOGNITION

Arizona Chapter Secretary American Psychiatric Nurses Association (2025-Present)

Critical Care Unit-Based Council Member Nebraska Methodist Health System (2017–2020)

Meaning of Care Award Nebraska Methodist Health System (2019)

Practice Council Chair Nebraska Methodist Health System (2019)

Practice Council Co-Chair Nebraska Methodist Health System (2018)

Nurse Residency Nebraska Medicine (2016-2017)

Cardiac Fellowship Nebraska Medicine (2016-2017)

PROFESSIONAL MENTORSHIPS

Jennifer Peterson, MSN, PMHNP-BC, FNP-C, PMH-C | 2024-Present

Dual board-certified Psychiatric-Mental Health and Family Nurse Practitioner | Certified in Perinatal Mental Health

Mentorship Focus: Perinatal psychiatric assessment and treatment; neuromodulation and interventional psychiatry, including TMS and esketamine therapy.

Lindsay Hill, DNP, PMHNP | 2024-Present

Mentor, AI Consultant, Business Owner | President, Arizona APNA Chapter

Mentorship Focus: Business leadership in mental health practice, integration of AI in clinical workflows, professional networking, and advanced case consultation.

PROFESSIONAL AFFILIATIONS

Member, American Psychiatric Nurses Association (APNA) 2025-Present

Planned Attendee, APNA Annual Conference 2025

Member, Neuroscience Education Institute (NEI) 2023-Present